Career Goal Refresh

What I want

Milestones

My relevant current situation

(start here)
Thinking about what you want

What works well:

• Being completely honest about what you really want
  rather than choosing only what seems possible or reasonable. (How can you know
  what’s possible if you don’t aim for it?)

• Clearly defining what you want so that you’ll know if you’ve achieved it (or how
  far you still have to go)
  rather than choosing vague outcomes e.g. “job satisfaction”, “a good salary” or “work-life
  balance”

• Choosing what you want for its own sake, independently of your current
  circumstances
  rather than just thinking about how to solve current problems (which at best will leave
  you with the absence of something you don’t want instead of the presence of something
  you do want!) or just using your current circumstances as your reference point e.g.
  “more respect” or less stress”

• Making sure you’ve described the end result you want to see (an outcome, a
  creation or an achievement)
  rather than focusing prematurely on processes e.g. “get a qualification” or “networking”. (You may not know what steps will get you what you want until you start taking them)