




WHAT DO YOU REALLY WANT FROM YOUR CAREER?

Whatever you hope to achieve in your working life, taking the time to plan your route to success is essential.

This empowering one-day **Threshold Workshop** gives people tools and techniques to look freshly at their careers and devise a practical action plan to achieve their goals.

Includes:

- Visualising your ideal career
- Setting tangible and achievable goals
- Assessing your current situation
- Mapping out the milestones to succeed
- Peer support and feedback



I was confused about what I wanted and felt I had no direction. By the end [of the day], I had set out my goals and had a clear plan of how I was going to achieve them.


Cheryl Joyce - Manager, Crown Commercial Service

THE THRESHOLD WORKSHOP

Taking time to think about what really matters to you in your career is crucial if you want to be fully motivated and effective.

Participants leave having developed a viable strategy that gives them the confidence to put their plans into action. The supportive yet challenging environment enables people to question their own and others' self-limiting assumptions.

The group setting includes peer coaching, support and networking, providing the opportunity to make valuable connections that often continue beyond the workshop.



It's so important just to take that time out and really think about what you want, what your goals are and how you are going to get there.

Karin Clifford - Adviser, JobCentrePlus

The workshop is available for women-only or mixed groups

Cost:

Prices start at £150 +VAT pp

About Thresholds

Since 2001 Thresholds has established itself as a leading provider of affordable yet highly effective career support programmes.

